

## **LUNCH MENU**

Express Lunch served within 12 minutes of order Soup - Main - Dessert Wed - Fri 12pm-2pm €19.50

## **STARTERS** €9 SOUP OF THE DAY Served with house soda bread €10 CRISPY CALAMARI Cherry tomato, cucumber, mixed salad with lemon, dill, yogurt dressing (1, 4, 8) VEGAN PROTEIN SALAD €12 Black kale, butternut squash, roast cauliflower, radish, frieze lettuce, tahini dressing (11) BEEF CARPACCIO €14 Horseradish mouse, rocket salad, shallot and sherry vinegar dressing (1, 13) LEMON AND DILL FISHCAKE €12 Panko bread crumb, minted pea puree, watercress salsa verde (1, 4, 8) GRILLED TERIYAKI CHICKEN €12 Pepper, peas, red cabbage, bean sprouts, wonton strips, macadamia nuts, pineapple sesame vinaigrette(11, 13) **MAINS** €30/€38 CHARRED 60z/80z FILLET OF BEEF Burnt onion puree, fine beans, cherry tomato three times cooked, chunky chips, béarnaise sauce (4) GRILLED TERIYAKI CHICKEN €18 Pepper, peas, red cabbage, bean sprouts, wonton strips, macadamia nuts, pineapple sesame vinaigrette (11, 13) FISH PIF €24 Rich dill cream sauce topped with mash potato, apple, fennel salad (4, 8) VEGAN GALETTE €19 Sweet potato, shallot, chickpea puree topped with vegan cheese in black pepper crust (1) WILD MUSHROOM CARBONARA €18 Parmesan, rocket, fettuccine pasta (1, 4, 7) CRISPY CALAMARI €18 Cherry tomato, cucumber, mixed salad with lemon, dill, yogurt dressing (1, 4, 8) LEMON AND DILL FISH CAKE €18 Panko bread crumb, minted pea puree, watercress salsa verde (1, 4, 8) **DESSERTS** SALTED CARAMEL PANNA COTTA €9 Chocolate ganache, whipped cream (4) TANGERINE POSSET €8 Sable biscuit, tangerine segments (1, 4) SELECTION OF SORBET €8 Honey comb, fruit

Allergen guide: Cereals containing gluten (1), Peanuts (2), Nuts (3), Milk (4), Crustaceans (5), Mollusks (6), Egg (7), Fish (8), Celery (9), Soy (10), Sesame seeds (11), Mustard (12), Sulphur dioxide & sulfites (13), Lupin (14).

All out beef is sourced from Irish producers.

All prices include Value Added Tax - Food 13.5% and Beverage 23%.